

2023 Ephrata Football Flag Football League

Flag Football Director: Kris Miller

Email: Kristopher_miller@easdpa.org

Ephrata Youth Football is excited to start our first Ephrata Spring Flag Football League. The league will take place on Sunday Afternoons this Spring.

Who:

- Open to all students currently in grades 2 through 7 living within the Ephrata Area School District. There will be a max of 60 students per division.
 - Division 1: Grades 2 and 3
 - Division 2: Grades 4 and 5
 - Division 3: Grades 6 and 7

When:

- Dates: Sundays – April 16th, April 23rd, April 30th, May 7, and May 21
- Time: Session 1: 1:00 to 2:15; Session 2: 2:15 to 3:30
 - Session times to be assigned later based on number of participants at each division

Where:

- All Sessions will be held at the Ephrata War Memorial Field

Fee:

- \$20 per player – Make Checks Payable to Ephrata Youth Football. Each Player will receive a Team T-Shirt. Please include your child's name on the memo line of the check or Money Order.

Registration:

- All Registrations and Payments must be received by March 31st, 2023
- Player Registration can be completed Online using the QR Code below or by using the form on Page 2
- Mail all paper registrations and payments to:
 - Ephrata High School, Attn: Kris Miller, 803 Oak Boulevard, Ephrata, PA 17522

Details:

- All participants will be placed on to teams coached by members of the High School Football Team
- All Games will be officiated by EYF Coaches
- Each session will consist of a warmup (15 minutes), practice (30 minutes), and game (30 minutes).
- In case of a weather-related cancelation information will be posted on the Ephrata Mounts Football Facebook page and email will be sent out by 12:30,

Rules:

- All games will be 2 halves each 12 minutes with a 5-minute half time.
- All games will be 7 v 7.
- Flags will be worn by all players
- No blocking is permitted
- All players are eligible to catch a pass
- Pass may be thrown anywhere on the field



2023 Ephrata Spring Flag Football League Registration Form

Player's Name: _____ Grade: _____

Date of Birth: _____ Did you Child play for EYF in the Fall of 2022? Yes No

School Attended (Circle One):

Highland Fulton Clay Akron EIS EMS

Other: _____

Shirt Size (Circle One):

Youth Sizes: XS S M L XL

Adult Sizes: S M L XL XXL

Street Address: _____ City: _____ Zip Code: _____

Parent/Guardian Name: _____

Parent/Guardian Phone Number: _____

Parent/Guardian Email: _____

Payment Method (Circle 1): CHECK MONEY ORDER

I approve of my child's attendance and participation in the Ephrata Football Spring Flag Football League and certify that they are in good health and able to participate in all football activities. If medical attention is needed, I give my permission for such care and I hereby waive and release Ephrata Youth Football, its coaches, and Ephrata Football of all liability for any injuries incurred.

Parent/Guardian Signature: _____

